

Dhamma Snippets

Buddhaloka

Our aim is:

- To reduce stress, depression etc;
- To avoid conflicts within and without
- To study how science can never contradict Buddha word;
- To explore Buddha word as applicable to householders' lives;
- To develop generosity, morality and mental culture;
- To keep in contact with other like-minded people
- To explore links to other available web material
- To re-discover, as far as possible the original Buddha word.